

Tailoring care — because one size does not fit all

Our services are coordinated and connected, allowing your employees to develop a personalized care plan that caters to their unique needs.



Specialty care

- Fertility specialists
- Early intervention for high-risk pregnancies
- Perinatology (care focused on mother and fetus health)
- Smoking cessation programs
- Proactive depression screening
- Certified nurse midwives
- Level III NICU facilities
- Breastfeeding consultants
- Postpartum follow-up with mom and baby



Personalized support

Classes & resources:

- Preparing for childbirth
- Managing moods and depression
- Infant care and parenting
- Breastfeeding classes and support groups
- Screening and support for postpartum depression

Digital tools:

- Maternity site: kp.org/maternity
 - Fertility calculator in Pre-pregnancy section
 - Birth preference plan in Third trimester section
- Kaiser Permanente app