

# SJC Health Benefits Enrollment Forms Guide

Employees can email forms directly to:

## Human Resources Benefits

Pages 2-8

employeebenefits@sjgov.org

- Providers receive processed benefits a week after the effective date
- County Benefits department **does not** issue insurance cards
- Employees will receive medical cards through the selected provider
- Delta Dental and VSP does not provide cards

## Nationwide - Deferred Comp

Pages 9- 12

rpublic@nationwide.com

## American Fidelity - Voluntary products Information Only

Pages 13-18

**Note:** This is not a fillable enrollment form. To prevent the form from printing blank. Please either write the information on the form or use edit it and save as before submitting.

# San Joaquin County Health Benefits Enrollment Form 2025 – 2026



Employees Units: **A** (Executive Non-Caf), **B** (Senior Management Non-Caf), **C** (Middle Management Non-Caf), **D** (Confidential Non-Cafeteria), **E** (Professional), **F** (Para-Professional & Technical), **G** (Office & Office Technical), **H** (Safety, Investigative & Custodial), **I** (Trades, Labor, and Institutional), **K** (Sheriff Deputies), **M** (Registered Nurses), **N** (Correctional Officers), **O** (Elected Officials), **P** (American Physicians and Dentists), **Q** (Peace Officers Misc.), **R** (Supervisors), **S** (Unrepresented Physicians), **T** (Attorneys), **U** (Probation Officers), and **X** (Unassigned CRNAs Only)

Reason for Enrollment Form:  Open Enrollment  New Hire  Qualifying Life Event: \_\_\_\_\_ HR staff only: \_\_\_\_\_  
 (Describe) Date \_\_\_\_\_

All required documents must be received before this form is processed.  
 For any questions or to submit this form, contact Human Resources Employee Benefits Office at (209) 468-9987  
 Email: [employeebenefits@sjgov.org](mailto:employeebenefits@sjgov.org). Fax: (209) 468-9734. Mailing address: 44 North San Joaquin Street Suite 330, Stockton, CA 95202

Employee Personal Information			
First Name, Middle Initial, Last Name:		Employee ID#:	
Street Address:	City:	State:	Zip Code:
Date of Birth:	Social Security Number:		
Best Contact Phone Number:		<input type="checkbox"/> Mobile <input type="checkbox"/> Home	<input type="checkbox"/> Male <input type="checkbox"/> Female
Email Address:			

Medical Plan Options					
Check the box next to the Plan you desire and check the box for the coverage level.					
Medical Plan Options	Coverage Level	Bi-Weekly Rates	Employee Only	Employee + One Dependent	Employee + Family
<input type="checkbox"/> Select Exclusive Plan	<input type="checkbox"/> Employee <input type="checkbox"/> Employee + One <input type="checkbox"/> Employee + Family  <input type="checkbox"/> Opt-Out of Medical	Select Exclusive	\$164.65	\$329.31	\$461.04
<input type="checkbox"/> Select Plan		Select Plan	\$164.65	\$329.31	\$461.04
<input type="checkbox"/> Premier Plan		Premier Plan	\$233.78	\$467.57	\$654.57
<input type="checkbox"/> Sutter Health Plus HMO		Sutter Health Plus HMO	\$92.58	\$185.16	\$261.99
<input type="checkbox"/> Kaiser Permanente HMO		Kaiser HMO	\$91.80	\$183.60	\$259.80
<input type="checkbox"/> Sutter Health Plus – High Deductible Health Plan (HDHP)		Sutter Health Plus HDHP	\$69.58	\$139.17	\$196.93
<input type="checkbox"/> Kaiser Permanente – High Deductible Health Plan (HDHP)		Kaiser HDHP	\$70.25	\$140.50	\$198.80
<input type="checkbox"/> No Changes					

-Employee's Primary Care Physician (PCP) code for Sutter Health Plus (required):  
 -Go to [www.sutterhealthplus.org/provider-search](http://www.sutterhealthplus.org/provider-search) to find a PCP or one will be auto-assigned to you)

Dental Plan Options					
Check the box next to the Plan you desire and check the box for the coverage level.					
Dental Plan Options	Coverage Level	Bi-Weekly Rates	Employee Only	Employee + One Dependent	Employee + Family
<input type="checkbox"/> Delta Dental (Standard)	<input type="checkbox"/> Employee Only <input type="checkbox"/> Employee + One <input type="checkbox"/> Employee + Family  <input type="checkbox"/> Opt-Out of Dental	Delta Dental (Standard)	\$0.00	\$16.26	\$38.90
<input type="checkbox"/> Delta Dental (Core)		Delta Dental (Core)	\$0.00	\$15.78	\$37.73
<input type="checkbox"/> Delta Dental (Buy Up)		Delta Dental (Buy Up)	\$0.91	\$18.05	\$41.90
<input type="checkbox"/> United Healthcare Dental		UHC Dental	\$0.00	\$12.43	\$23.40
<input type="checkbox"/> No Changes					

Vision Plan Option					
Vision Plan	Coverage Level	Bi-Weekly Rates	Employee Only	Employee + One Dependent	Employee + Family
<input type="checkbox"/> VSP (Standard)	<input type="checkbox"/> Employee Only <input type="checkbox"/> Employee + One <input type="checkbox"/> Employee + Family  <input type="checkbox"/> Opt-Out of Vision	VSP (Standard)	\$0.00	\$2.35	\$6.05
<input type="checkbox"/> VSP (Buy Up)		VSP (Buy Up)	\$1.80	\$5.95	\$12.51
<input type="checkbox"/> Opt-Out of Vision	<input type="checkbox"/> Opt-Out of Vision				
<input type="checkbox"/> No Changes					

**Only for High Deductible Health Plans: Health Savings Account (Optional)**

The County will contribute \$700 annually (divided by 26 pay periods) towards an employee's Health Savings Account (HSA) who elects a High Deductible Health Plan (HDHP) at the employee only coverage level. The County will contribute \$1,400 annually (divided by 26 pay periods) towards an employee's HSA who elects a HDHP at the employee + one or employee + family coverage level. Employees have the option to contribute the difference between the annual maximum and what the County is contributing on a pre-tax basis. This plan is similar to the Flexible Spending Account as you are able to pay for qualifying health expenses. For more information on this plan, call (833) 232-4673 or email [voyasupport@voya.benstrat.com](mailto:voyasupport@voya.benstrat.com)

Enter the annual election for the plan you desire. These deductions cannot be used to pay for insurance premiums. Your annual amount will be divided between the remaining number of pay periods in the calendar year you are electing coverage for.

Indicate the election change by checking the appropriate box below.

<input type="checkbox"/> Cancel Future Contributions to the HSA	
<input type="checkbox"/> Begin Contributions (First HSA Contribution this year)	\$ _____ Optional Annual Employee Contributions to the HSA
<input type="checkbox"/> Change Contributions	\$ _____ Optional Annual Employee Contributions to the HSA

**The IRS has established annual limits that can be contributed to a Health Savings Account in 2025, which are \$4,300 for single coverage and \$8,550 for 2-Party or Family coverage (including the County's Contribution of \$700 for employee only or \$1,400 for employee + one/employee + family).**

**IMPORTANT:**

In order to open a Health Savings Account (HSA) and have tax-free contributions made to that account, you must be "HSA Eligible." **IRS guidelines define an HSA Eligible individual as a person who:**

- is covered under a HSA-qualified high deductible health plan (HDHP), and
- has "no other health coverage" (except what is permitted by the IRS), and
- is not enrolled in Medicare, and
- cannot be claimed as a dependent on someone else's tax return.

**By law, you are not eligible for HSA contributions if you:**

- are enrolled in Medicare\* (Part A, Part B, Medicare Advantage Plans, Part D, and Medigap/Medicare Supplemental Insurance),
- are covered by another health care plan that is not a qualified high deductible health plan (HDHP),
- can be claimed as a dependent on someone else's tax return,
- are covered by a non-HDHP such as Medicaid, TRICARE or TRICARE for Life, or
- are enrolled in a general purpose Health Care Flexible Spending Account or Healthcare Reimbursement Account (or covered by a spouse's FSA or HRA).

\*With respect to being enrolled in Medicare, if you are enrolling in Medicare after attaining age 65, **HSA contributions generally should be discontinued at least six (6) months prior to filing for Medicare benefits**, because Medicare enrollment (called Medicare entitlement) can occur retroactively if you apply after you attain age 65. In such case, if you do not stop HSA contributions in a timely fashion, i.e., the six (6) months (or the months between turning age 65 and the date of application, if shorter) before you apply for Social Security (applying for Social Security is a first step toward Medicare coverage), you may have made an excess contribution and incur a tax penalty.

**Information about Health Savings Account Contributions and Prorating the Maximum Yearly Contribution:** If you aren't certain you'll be enrolled in a HDHP during the entire next tax year, you can contribute a prorated amount for the months you're eligible in the current tax year. To do this, divide the yearly allowable maximum contribution by 12, then multiply the result by the number of months you're enrolled in a HDHP during that tax year.

Eligibility and contribution limits to your health savings account (HSA) are determined by the effective date of your HDHP. If you are enrolled in the HDHP as of December 1, you are not required to prorate your contributions to your health savings account and can make the full year's contribution to your HSA account. However, if you base an entire tax year's contribution on your status on December 1 (and you were not HSA eligible for that entire year) and you cease to be an eligible individual before the end of the following year, any funding of the HSA over the prorated amount for the months of actual eligibility in the prior year is considered an excess health savings account contribution and the excess amount is subject to a penalty and income tax.

A few states including California may not conform their state tax laws with federal tax laws and contributions to the HSA may be taxed under these state laws. It is advisable to discuss with your tax advisor about joining a HDHP with HSA. Remember, **it is your responsibility to assure that you are an "HSA eligible" individual while contributions are made to your HSA.**

I understand that in order for the County of San Joaquin to contribute to a health savings account (HSA) on my behalf, I must meet all of the following conditions for HSA eligibility:

- I am covered under the County's Kaiser or Sutter Health Plus HSA-Qualified High Deductible Health Plan (HDHP), and
- I have "no other health coverage" (except what is permitted by the IRS), and
- I am not entitled to Medicare, and
- I cannot be claimed as a dependent on someone else's tax return.

By signing below, I certify that all of the above statements are true. I agree to promptly notify the County of San Joaquin Human Resources Employee Benefits Office in writing if I cease to meet these conditions. I understand that the County will make contributions to my HSA only on the basis of my certifications, and that HSA contributions are subject to certain limits under federal tax law. **I further acknowledge that employee contributions are taken out of my pay check on a pre-tax basis, and that a monthly administrative fee (currently \$1.15 per month) will be deducted from my HSA account. Additional fees also apply if I utilize VOYA's optional investment account options within my HSA account.**

Signature: \_\_\_\_\_ Date \_\_\_\_\_

**Eligible Dependent Coverage**

Check the box for the health services you wish to enroll your eligible dependents. You, as the employee, must be enrolled in the plan if you want your dependent(s) enrolled. If your dependents are enrolled, the plan selection(s) must be the same as the employee.

**Required Documentation:**

Social Security Number for all, Marriage Certificate (spouse), Birth Certificate (child), Certificate of Partnership (registered domestic partner), court paperwork (adopted child/legal guardianship)

Dependent(s) Name (spouse and/or children)	Relation- ship	Date of Birth	Social Security Number (required)	Medical	Dental	Vision	Primary Care Physician (PCP)

**Other Medical Coverage:**

Is your spouse or any of your eligible dependents covered by another group medical plan, including San Joaquin County coverage, MediCal, or Medicare?

Yes. Name and Address of Other Medical Coverage \_\_\_\_\_

No. I certify that my spouse and/or dependents are not covered by any other medical coverage.

**Kaiser Foundation Health Plan Arbitration Agreement:** Please read and sign if you are electing the Kaiser plan **(required)**.

I understand that (except for Small Claims Court cases, claims subject to a Medicare appeals procedure, and, if my Group must comply with Employee Retirement Income Security Act regarding certain benefit related disputes) any dispute between myself, my heirs, or other associated parties on the one hand and Health Plan, its health care providers, or other associated parties on the other hand, for alleged violation of any duty arising out of or related to membership in Health Plan, including any claim for medical or hospital malpractice, for premises liability, or relating to the coverage for, or delivery of, services or items, irrespective of legal theory, must be decided by binding arbitration under California law and not be lawsuit or resort to court process, except as applicable law provides for judicial review of arbitration proceedings. I agree to give up my right to a jury trial and accept the use of binding arbitration. I understand that the full Arbitration provision is contained in the Evidence of Coverage.

**Employee Signature**

**Date**

**Sutter Health Plus Plan Arbitration Agreement:** Please read and sign if you are electing the Sutter Health Plus plan **(required)**.

Member accepts the terms, conditions and provisions of the Group Subscriber Contract and *EOC*, upon completion and execution of this enrollment form.

**Binding Arbitration**

Sutter Health Plus (SHP) handles/resolves member disputes through grievance, appeal and independent medical review processes. In the event that a dispute is not resolved in those processes, SHP uses binding arbitration as the final method for resolving all such disputes. As a condition of your membership in SHP, you agree that any and all disputes between yourself (including any heirs or assigns) and SHP, including claims of medical malpractice (that is as to whether any medical services rendered under the health plan were unnecessary or unauthorized or were improperly, negligently or incompetently rendered), except for small claims court cases and claims subject to ERISA, shall be determined by binding arbitration. Any such dispute will not be resolved by a lawsuit or resort to court process, except as California law provides for judicial review of arbitration proceedings. You and SHP, including any heirs or assigns to this Agreement, are giving up their constitutional right to have any such dispute decided in a court of law before a jury, and instead are accepting the use of binding arbitration. I hereby agree to give up my/our right to a jury trial and accept the use of binding arbitration. I understand that the full arbitration provision is contained in the Group Subscriber Contract and *EOC*.

**Employee Signature**

**Date**

**Qualifying Life Events**

If you have a qualifying life event, you must provide proof within 60 days of the event. If you obtain a new dependent (through marriage, birth, adoption, registered domestic partnership, legal guardianship) or if you or your dependents lose medical, dental, and/or vision coverage, you must request enrollment in the County's plans within 60 days of the date of the event. If you do not request enrollment within 60 days, you or your dependent must wait until the next County Open Enrollment period before you can enroll and/or make changes. It is also the employee's responsibility to delete a spouse or dependent from coverage within 60 days of an event that makes the dependent ineligible for benefits (such as divorce or over-age child).

By signing below, I acknowledge that deductions are taken out of my pay check on a pre-tax basis. I must provide all dependent verification documentation within 60 days from my date of hire or qualifying life event. Rates are negotiated through my bargaining unit and approved by the Board of Supervisors. All dependents enrolled must be eligible. I understand that falsification of information by me will allow my employer to recover payments made, cancel my coverage, refuse payment of claims, and may include discipline.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_



**Please do not forget to sign here!**

# LIFE AND ACCIDENTAL DEATH & DISMEMBERMENT (AD&D) INSURANCE ENROLLMENT

ReliaStar Life Insurance Company, Minneapolis, MN  
Telephone: 800-955-7736

*A member of the Voya® family of companies*

PLAN INFORMATION section to be completed by the Employer/Plan Sponsor. Remainder to be completed by the Employee. **All** new Life or Disability Income coverage or **any** increases in Life or Disability Income coverage will require evidence of insurability if plan participation requirements are not met. Any references to coverage being obtained without evidence of insurability in the sections below are only applicable if the plan participation requirements are met.

## PLAN INFORMATION

Employer/Plan Sponsor Name Public Risk Innovation, Solutions and Management (PRISM) Effective Date of Coverage or Change \_\_\_\_\_  
Group/Plan Number 316407 Account Number/Location 039 - County of San Joaquin

Class/Occupation \_\_\_\_\_  
Date of Hire \_\_\_\_\_ Annual Salary \$ \_\_\_\_\_ Employment Status:  Active Full-Time  Active Part-Time  Retired

**This change is due to** (Check all that apply.):

Initial Eligibility Following Hire  Change in Coverage Amount  Late Entrant <sup>1</sup>  Other \_\_\_\_\_

<sup>1</sup> A late entrant is an individual who is first enrolling after the initial available opportunity.

## EMPLOYEE INFORMATION

Employee Name (First, Middle Initial, Last) \_\_\_\_\_  
Birth Date \_\_\_\_\_ SSN \_\_\_\_\_ Gender:  Male  Female  
Employee ID Number \_\_\_\_\_ Work Phone (\_\_\_\_\_) \_\_\_\_\_ Home Phone (\_\_\_\_\_) \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

## EMPLOYEE LIFE / AD&D INSURANCE

### Basic Life / AD&D Insurance Election

Employee Only—Elect Coverage (Note: Basic Life and Basic AD&D insurance is employer provided.)

### Supplemental Life / AD&D Insurance

Guaranteed Issue (GI) Limit = \$100,000. When you are first eligible for supplemental life coverage, you can elect up to the GI Limit without evidence of insurability. Total supplemental life coverage up to \$200,000 is available if you complete an Evidence of Insurability form subject to approval by the insurance company.

### Supplemental Life / AD&D Insurance Election

- I currently have supplemental life coverage of: \$ \_\_\_\_\_.
- I am applying for additional supplemental life coverage of: \$ \_\_\_\_\_ (\$25,000 increments)
- Total supplemental life coverage (current plus additional): \$ \_\_\_\_\_.
- Waive coverage.

**BENEFICIARY INFORMATION** (Designate your beneficiary(ies) below. Percentages must total 100%, using whole percentages only. If additional space is required please attach a separate signed and dated document with the same information for each beneficiary.)

	Name (First, MI, Last)	DOB	Gender	SSN / TIN	Relationship	%	Beneficiary Type
1			<input type="checkbox"/> M <input type="checkbox"/> F				<input type="checkbox"/> Primary <input type="checkbox"/> Contingent
	Address			Phone ( )			
2			<input type="checkbox"/> M <input type="checkbox"/> F				<input type="checkbox"/> Primary <input type="checkbox"/> Contingent
	Address			Phone ( )			
3			<input type="checkbox"/> M <input type="checkbox"/> F				<input type="checkbox"/> Primary <input type="checkbox"/> Contingent
	Address			Phone ( )			

## READ THIS INFORMATION CAREFULLY AND THEN SIGN AND DATE BELOW

- I authorize my employer to deduct from my wages the premium, if any, for the elected coverage.
- To the best of my knowledge and belief, the information I have provided on this form is correct.
- I understand my coverage begins on the effective date assigned by ReliaStar Life Insurance Company, provided I am actively at work.
- I also understand that evidence of insurability may be required for coverage to become effective.

 Employee Signature \_\_\_\_\_ Date \_\_\_\_\_

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## FRAUD WARNINGS

**Arkansas, Maine, Ohio, Oklahoma, Rhode Island, Tennessee, Washington, West Virginia:** Any person who, knowingly with intent to defraud any insurance company or other person files an application for insurance containing any materially false information or conceals, for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime, and may subject such person to criminal and civil penalties, and denial of insurance benefits.

**Colorado:** It is unlawful to knowingly provide false, incomplete, or misleading facts or information to an insurance company for the purpose of defrauding or attempting to defraud the company. Penalties may include imprisonment, fines, denial of insurance, and civil damages. Any insurance company or agent of an insurance company who knowingly provides false, incomplete, or misleading facts or information to a policyholder or claimant for the purpose of defrauding or attempting to defraud the policyholder or claimant with regard to a settlement or award payable from insurance proceeds shall be reported to the Colorado Division of Insurance within the Department of Regulatory Agencies.

**District of Columbia:** WARNING: It is a crime to provide false or misleading information to an insurer for the purpose of defrauding the insurer or any other person. Penalties include imprisonment and/or fines. In addition, an insurer may deny insurance benefits if false information materially related to a claim was provided by the applicant.

**Kentucky:** Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance containing any materially false information or conceals, for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime.

**New Jersey:** Any person who includes any false or misleading information on an application for an insurance policy is subject to criminal and civil penalties.

**New Mexico:** Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to civil fines and criminal penalties.

**GROUP TERM LIFE INSURANCE  
BI-WEEKLY RATES FOR ADDITIONAL INSURANCE**

The County provides Group Term Life Insurance for all employees who are eligible for County benefits. Eligible employees may purchase additional insurance in \$25,000 increments from the County's current insurance carrier, ReliaStar. Payroll deductions for additional life insurance are deducted bi-weekly.

All members may purchase up to \$200,000.

COVERAGE BI-WEEK RATE \$25,000      \$3.20	COVERAGE BI-WEEK RATE \$50,000      \$6.39	COVERAGE BI-WEEK RATE \$75,000      \$9.59	COVERAGE BI-WEEK RATE \$100,000     \$12.78
COVERAGE BI-WEEK RATE \$125,000 *   \$15.98	COVERAGE BI-WEEK RATE \$150,000 *   \$19.17	COVERAGE BI-WEEK RATE \$175,000 *   \$22.37	COVERAGE BI-WEEK RATE \$200,000 *   \$25.56

*\*Evidence of Insurability Required for Amounts over \$100,000 and any amount after 31 days from date of hire.*

**Personal Information**

Plan Name: \_\_\_\_\_ County of San Joaquin 457(b) Plan \_\_\_\_\_ Plan ID: \_\_\_\_\_ 0062668001 \_\_\_\_\_  
Name: \_\_\_\_\_ SSN: \_\_\_\_\_  
Date of Birth: \_\_\_\_\_ Date of Hire: \_\_\_\_\_ Primary Phone: \_\_\_\_\_  
Street Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_  
Email: \_\_\_\_\_  
How would you like to be contacted if additional information is required?  Phone  Email

**Paperless Delivery Consent**

**Paperless Delivery:** By providing your email address you are consenting to electronic (paperless) delivery of documents related to your retirement plan, e.g. - statements, confirmations, terms, agreements, etc. Check the box below if you would prefer to receive paper copies of the documents via US Mail to the address provided above.

I do NOT consent to Paperless Delivery. Please provide the documents related to my retirement plan via US Mail.

**Deferral Election**

457(b) Pre-Tax \$ \_\_\_\_\_ OR \_\_\_\_\_% Payroll Frequency: \_\_\_\_\_ Bi-Weekly \_\_\_\_\_  
457(b) Roth After -Tax \$ \_\_\_\_\_ OR \_\_\_\_\_% Start Contribution On (Pay Period): \_\_\_\_\_  
Total \$ \_\_\_\_\_ OR \_\_\_\_\_%

**Enroll me in asset rebalancing** I agree to comply with and be bound by the terms and conditions of the service including any restrictions imposed by the investment options. I understand I can obtain more information about the service, its terms and conditions by contacting the Nationwide Service Center.

**NOTE:** All increases, decreases and suspensions will be implemented no sooner than the first payroll of the month following the change. Please remember to check your paystub to confirm your selected deferral is accurately reflected and being processed.

**Beneficiary Designation**

**IMPORTANT NOTES:** 1) Allocations must total 100% for each category of beneficiary; and 2) If you designate a single primary or contingent beneficiary and do not list a percentage, it will be designated as 100%.

I have additional beneficiaries. If you want to designate more than 2 of each type of beneficiary, you may attach a page with the additional beneficiary information. Allocations must still total 100% for each category.

**Primary Beneficiary(ies)** (Allocations must total 100%):

1. Full Name: \_\_\_\_\_ Allocation: \_\_\_\_\_%  
Relationship: \_\_\_\_\_ SSN: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Address: \_\_\_\_\_ Phone: \_\_\_\_\_  
2. Full Name: \_\_\_\_\_ Allocation: \_\_\_\_\_%  
Relationship: \_\_\_\_\_ SSN: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Address: \_\_\_\_\_ Phone: \_\_\_\_\_

**Contingent Beneficiary(ies)** (Allocations must total 100%):

1. Full Name: \_\_\_\_\_ Allocation: \_\_\_\_\_%  
Relationship: \_\_\_\_\_ SSN: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Address: \_\_\_\_\_ Phone: \_\_\_\_\_  
2. Full Name: \_\_\_\_\_ Allocation: \_\_\_\_\_%  
Relationship: \_\_\_\_\_ SSN: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Address: \_\_\_\_\_ Phone: \_\_\_\_\_

## Funding Options

### Asset Allocation

\_\_\_\_\_ % T. Rowe Price Retirement I 2015 I  
 \_\_\_\_\_ % T. Rowe Price Retirement I 2020 I  
 \_\_\_\_\_ % T. Rowe Price Retirement I 2025 I  
 \_\_\_\_\_ % T. Rowe Price Retirement I 2030 I  
 \_\_\_\_\_ % T. Rowe Price Retirement I 2035 I  
 \_\_\_\_\_ % T. Rowe Price Retirement I 2040 I  
 \_\_\_\_\_ % T. Rowe Price Retirement I 2045 I  
 \_\_\_\_\_ % T. Rowe Price Retirement I 2050 I  
 \_\_\_\_\_ % T. Rowe Price Retirement I 2055 I  
 \_\_\_\_\_ % T. Rowe Price Retirement I 2060 I  
 \_\_\_\_\_ % T. Rowe Price Retirement I 2065 I  
 \_\_\_\_\_ % T. Rowe Price Retirement Balanced I

### Small Cap

\_\_\_\_\_ % Vanguard Small Cap Index I  
 \_\_\_\_\_ % Vanguard Small Cap Growth Index Admiral  
 \_\_\_\_\_ % DFA US Targeted Value I

### Mid Cap

\_\_\_\_\_ % Vanguard Mid Cap Index I  
 \_\_\_\_\_ % Allspring Spec Mid Cap Val R6

\_\_\_\_\_ % MFS Mid Cap Growth R6

### Large Cap

\_\_\_\_\_ % Vanguard Institutional Index I  
 \_\_\_\_\_ % Vanguard Equity-Income Admiral  
 \_\_\_\_\_ % T.Rowe Price Institutional Large-Cap Growth

### International

\_\_\_\_\_ % American Beacon Intl Equity R6  
 \_\_\_\_\_ % Vanguard International Growth Admiral

### Bonds

\_\_\_\_\_ % DFA Inflation-Protected Securities I  
 \_\_\_\_\_ % Metropolitan West Total Return Bond  
 \_\_\_\_\_ % TIAA-CREF High-Yield Institutional  
 \_\_\_\_\_ % Vanguard Total Bond Market Index Admiral

### Specialty

\_\_\_\_\_ % Invesco Gold & Special Minerals R6  
 \_\_\_\_\_ % Invesco Real Estate R6

### Fixed/Cash

\_\_\_\_\_ % Nationwide Fixed Fund

**100 % Total for all funding options must equal 100%<sup>1</sup>**

<sup>1</sup> If I select an investment option that is closed or unavailable, or if I elect a total investment allocation percentage that is less than 100%, I agree that the money will be placed into the T.Rowe Price Retirement Fund closest to my anticipated retirement age, based upon my date of birth and a normal retirement age of 62, which is the default investment option. If I elect a total investment allocation percentage greater than 100%, I agree that my application will be rejected and my selections will not be processed.

## Authorization

- Please send me a copy of the Informational Brochure/Prospectus(es).  
 Please contact me regarding transferring my other pre-tax retirement plans.  
 Please send me forms regarding the Catch-up Provisions.

I hereby elect the deferral amount stated above. I understand my deferral will continue until otherwise authorized in accordance with the Plan. The deferrals will be allocated to the funding options in the percentages elected above. I understand some mutual funds may impose a short-term trade fee. Please read the underlying prospectuses carefully.

**I have read and understand the terms contained in this form. I accept these terms and understand that the terms contained in this form do not cover all the details of the Plan or products.**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Retirement Specialist Name (Print): \_\_\_\_\_ Agent #: \_\_\_\_\_

## Form Return

By mail: Nationwide Retirement Solutions  
 PO Box 182797  
 Columbus, OH 43218-2797

By email: rpublic@nationwide.com  
 By fax: 877-677-4329

The purpose of the Memorandum of Understanding is to make you aware of some of the highlights, restrictions and costs of your plan. It is not intended to cover all aspects of the plan and should not be relied upon in making decisions about plan benefits.

I understand and acknowledge the following:

1. The maximum annual contribution amount to all 457(b) plans is the lesser of the maximum annual 457(b) contribution limit or 100% of my includible compensation. This amount may be adjusted annually. If you have questions about the maximum contributions limits they can be found at [irs.gov](http://irs.gov). Under certain circumstances, additional amounts above the limit may be contributed to the Plan if (1) I will attain age 50 or older during the current calendar year, or (2) I am within three years of the Plan's Normal Retirement Age and did not contribute the maximum amount to the 457(b) Plan in prior years. The Plan Document provides additional details about contribution limits. Contributions in excess of maximum amounts are not permitted and will be reported as taxable income when refunded. It is my responsibility to ensure my contributions to all 457(b) plans in which I participate regardless of employer do not exceed the annual limit.
2. It is my responsibility to adjust my contribution amount to comply with applicable limits. Excess deferrals will be returned to me and reported on IRS tax Form 1099-R. I acknowledge that it is my responsibility to make sure my total contributions fall within the specified limits. A Nationwide Retirement Solutions, Inc. ("NRS") representative can provide assistance in determining my contribution limits.
3. I may withdraw funds from the Plan only upon separation from service; at age 70½; upon an unforeseeable emergency approved by the Plan; when taking a loan or, I may take a one-time in service withdrawal if my account value is \$5,000 or less (as adjusted) and I have not contributed to the Plan for two or more years. In some cases, withdrawal for purchase or repayment of service credits in a Governmental Defined Benefit Plan may be permitted. Additionally, funds may be withdrawn upon my death. All withdrawals of funds must be in compliance with the Internal Revenue Code (the "Code") and applicable regulations as expressed in the Plan Document.
4. Contributions, in the form of salary reductions, will be made until I notify NRS or my Plan Sponsor otherwise. Once notification is received salary reductions will be changed as soon as administratively feasible.
5. Contributions will be invested as soon as administratively feasible upon receipt from the Plan Sponsor.
6. My participation in the Plan is governed by the terms and conditions of the Plan Document. Fund prospectuses are available upon request at [sanjoaquindc.com](http://sanjoaquindc.com) or by calling 877-677-3678.
7. My distributions must begin no later than the April 1<sup>st</sup> following the later of the year I reach age 72 or have a severance from employment. Please consult the Plan Document for further details. Generally, all pre-tax distributions are taxable as ordinary income and subject to income tax in the year received. My distributions must be made in a manner that satisfies the minimum distribution requirements of the Code section 401(a)(9), which currently requires benefits to be paid at least annually over a period not to extend beyond my life expectancy. Failure to meet minimum distribution requirements may result in my being subject to a 50% federal excise tax.
8. The funds in my accounts may be eligible for rollover to a traditional or Roth IRA or to another eligible retirement plan. The "Special Tax Notice Regarding Plan Payments" provides detailed information about my options. Due to important tax consequences related to distributions, I have been advised to consult a tax advisor. I expressly assume the responsibility for tax consequences relating to any distribution, and I agree that neither the Plan nor the Administrative Services Provider shall be responsible for those tax consequences.
9. All amounts contributed to the Plan and earnings on the amounts contributed are held in a trust, custodial account or annuity contract for the exclusive benefit of the participants and their beneficiaries.
10. Underlying investment options may be periodically changed or restricted.
11. NRS will permit participants and beneficiaries to exchange amounts among the Variable and Fixed investment options as frequently as permitted by the Plan, subject to the limits and rules set by each Fund and the Contract. Changes may be made by calling 877-677-3678 or logging on to [sanjoaquindc.com](http://sanjoaquindc.com). Options for investments may vary by the source of the money invested.
12. If I select an investment option that is closed or unavailable, or I elect a total investment allocation percentage that is less than 100%, I agree that the money will be placed into the T.Rowe Price Retirement Fund closest to my anticipated retirement age, based upon my date of birth and a normal retirement age of 62, which is the default investment option. If I elect a total investment allocation percentage greater than 100%, I agree that my application will be rejected and my selections will not be processed.
13. The Plan may have investment management fees, depending on the mutual funds in which I invest. For more information, please call 877-677-3678.
14. Any beneficiary designation I made on this form will supersede any prior beneficiary designation and shall become effective on the date accepted by the Plan, provided that this designation is accepted by the Plan prior to my death. Further, that any benefits payable at my death shall be paid in substantially equal shares to my beneficiaries unless I specify otherwise. My death benefits will be paid first to my Primary beneficiaries. If any of my Primary beneficiaries predecease me, then my death benefits will be paid to the remaining Primary beneficiaries. Contingent beneficiaries will only receive benefits if no Primary beneficiary survives me. If no beneficiary designation is on file, benefits will be paid as set forth in the Plan Document.
15. I must notify NRS of any beneficiary changes, address/contact information changes, contribution changes, allocation changes or errors on my account statement.
16. I will receive a statement of my account quarterly.
17. All telephone exchange requests will be recorded for the participant's protection.
18. Transfers between investment options are provided for under the Plan subject to limitations or restrictions (including redemption fees), if any, as imposed by the investment providers. I understand that any information regarding limitation or restrictions as they apply to the Plan may be obtained from the Plan Administrator.
19. If applicable, I understand that no changes will be effective until they are processed by NRS.

**Mutual Fund Payments Disclosure**

Nationwide offers a variety of investment options to public sector retirement plans through variable annuity contracts, trust or custodial accounts. Nationwide may receive payments from mutual funds or their affiliates in connection with those investment options. For more detail about the payments Nationwide receives, please visit [sanjoaquindc.com](http://sanjoaquindc.com).

**Endorsement Disclosure**

Nationwide has endorsement relationships with the National Association of Counties, United States Conference of Mayors, and the International Association of Firefighters Financial Corporation. More information about the endorsement relationships may be found online at [sanjoaquindc.com](http://sanjoaquindc.com).

**Consent to Paperless Delivery and Access**

By providing your email address on this form, you are agreeing and consenting to receive and view plan benefit statements, correspondence and confirmations, and other communications electronically. These materials will be provided through an e-mail message notifying you that electronic documents are available online for you to view and print. This replaces all written communication associated with your Retirement Plan(s) serviced by Nationwide and you will no longer receive these documents via US Mail.

By providing your consent to paperless delivery, you are acknowledging and confirming that you are consenting to receive Plan Communications electronically, as they are now available or as they may be required or become available in the future and that you have access to view and print your documents electronically from the website and to save them from your computer or other electronic device. If you would like to receive the above referenced documents in paper form via US Mail you can do so by contacting Customer Service at 877-677-3678 and request paper. You may opt out of paperless delivery of your plan related documents at any time. There is no additional cost to receive documents in paper format via US Mail.

**Changing Your Email Address and Your Paperless Delivery Preferences**

You are able to update your email address or change your Paperless Delivery Preferences anytime either on the web site or via Customer Service.

**Your Right to Revoke Consent**

You have the right to revoke your consent to receive documents electronically. Your consent shall be effective until you revoke it by changing your delivery preferences via Customer Service or on the website by selecting US Mail delivery.



# Plan for tomorrow, today.

Everyone knows health insurance doesn't pay for everything. Do you feel fully protected? Reviewing and updating your coverage each year is important.

Get help with your options. Stop by and see an American Fidelity account manager.



## Accident Only Insurance

### AF™ Limited Benefit Accident Only Insurance

- may help manage out-of-pocket costs to treat injuries resulting from a covered accident
- provides benefit payments directly to you

[americanfidelity.com/info/accident](http://americanfidelity.com/info/accident)



## Critical Illness Insurance

### AF™ Limited Benefit Critical Illness Insurance

- pays a benefit upon diagnosis of certain covered life-altering illnesses
- helps with costs not covered by medical insurance

[americanfidelity.com/info/critical-illness](http://americanfidelity.com/info/critical-illness)



## Disability Income Insurance

### AF™ Disability Income Insurance

- can help protect your finances in case of a covered injury or illness
- provides a benefit to help cover costs while you are unable to work
- pays some of your gross monthly earnings

[americanfidelity.com/info/disability](http://americanfidelity.com/info/disability)



## Hospital Indemnity Insurance

### AF™ Limited Benefit Hospital Indemnity Insurance

- helps pay for out-of-pocket costs, like a hospital stay
- when used with a Health Savings Account allows for a tax benefit and potential savings

[americanfidelity.com/info/hospital-indemnity](http://americanfidelity.com/info/hospital-indemnity)

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medical expenses.

*National Safety Council, Injury Facts, 2019 Web.*

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SB-33033-0120



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[americanfidelity.com](https://americanfidelity.com)

*Limitations, exclusions and waiting periods may apply.*

# Security when you travel

Voya Travel Assistance

We live in a highly connected world where frequent domestic and international travel is the norm.

Voya Travel Assistance offers you enhanced security for your leisure and business trips. You and your dependents will have toll-free or collect-call access to the Voya Travel Assistance customer service center or access to the services provided on the website 24 hours a day, 365 days a year – from anywhere in the world. Voya Travel Assistance services are provided by Europ Assistance USA, Bethesda, MD.

## Available services

When traveling more than 100 miles from home, Voya Travel Assistance offers you and your dependents four types of services: Pre-trip information, emergency personal services, medical assistance services and emergency transportation services.

### Pre-trip information

These valuable services help you start your trip the right way. Voya Travel Assistance can provide you with important, up-to-date travel information including:

- Immunization requirements
- Visa & passport requirements
- Foreign exchange rates
- Embassy/consular referral
- Travel/tourist advisories
- Temperature & weather conditions
- Cultural information

### Emergency personal services

In the event of an unexpected situation of a non-medical nature, Voya Travel Assistance offers access to several valuable services, including:

- Urgent message relay
- Interpretation/ translation services
- Emergency travel arrangements
- Recovery of lost or stolen luggage or personal possessions
- Legal assistance and/or bail bond

### If you need emergency or pre-trip services...

...use the contact information on the reverse and identify yourself as an eligible participant in the Voya Travel Assistance program.

You will be asked to provide some additional information in order to confirm your eligibility under this program. Once your eligibility has been verified, Voya Travel Assistance will arrange and provide the emergency transportation services previously described.

Please note: Services are only eligible for payment through Voya Travel Assistance if Voya Travel Assistance was contacted at the time of service and arranged for the service. If costs are incurred for other services, you are responsible for those costs or reimbursement of those costs if initially paid by Voya Travel Assistance; Voya Travel Assistance will ask for your credit card and debit your account for the required amount.

### Voya Travel Assistance

Contact Voya Travel Assistance 24 hours a day, 365 days a year for: pre-trip information, emergency personal services, medical assistance services and emergency transportation services.

**Group name: CSAC-EIA / Group number: 316407**

**In the US, toll-free: 800.859.2821**

**Worldwide, collect: 202.296.8355**

**Email: ops@europassistance-usa.com**

**Online portal:**

<https://eservices.europassistance-usa.com/sites/Voya>

**Group ID: N1VOY**

**Activation code: 140623**

ReliaStar Life Insurance Company (Minneapolis, MN),  
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FINANCIAL

### Emergency transportation services\*

Should you need medical care or assistance while traveling, Voya Travel Assistance can help. When deemed medically necessary by a Voya Travel Assistance- designated physician, evacuation and transportation to the nearest adequate medical facility that can properly treat your condition will be arranged and paid for on your behalf. Additional transportation services include:

- Visit of family member or friend
- Return of traveling companion
- Return of dependent children
- Return of vehicle
- Return of mortal remains

\* The services listed above are subject to a maximum total payment of \$150,000.

### Exclusions and limitations

**A.** Voya Travel Assistance shall not provide services enumerated above if the service is sought as a result of your or your dependent's:

Involvement in any act of war, invasion, acts of foreign enemies, hostilities (whether war is declared or not), civil war, rebellion, revolution, and insurrection, military or usurped power;

- Travel against the advice of a physician;
- Travel for the purpose of obtaining medical treatment;
- Travel in any country in which the U.S. State Department issued travel restrictions;
- Commission of or attempt to commit an unlawful act;
- Being under the influence of drugs or intoxicants unless prescribed by a physician;
- Pregnancy and childbirth (except for complications of pregnancy);
- Mental or emotional disorders, unless hospitalized;
- Participation as a professional in athletics;
- Services provided for which no charge is normally made;
- Travel within 100 miles of your permanent residence, unless in a foreign country.

**B.** The services described above currently are available in every country of the world. Due to political and other situations in certain areas of the world, Voya Travel Assistance may not be able to respond in the usual manner.

### Medical assistance services include:

- Medical referrals for local physicians and dentists
- Medical case monitoring
- Prescription assistance and eyeglass replacement
- Arrangement and payment of emergency medical services (up to \$10,000 with a written guarantee of reimbursement from the eligible participant)

### How it works

At any time before or during a trip, you may contact Voya Travel Assistance for assistance services. It is recommended that you keep a copy of this summary with your travel documents. Use the wallet card to have convenient access to the numbers that you need.

It is your responsibility to inquire whether a country is "open" for assistance prior to your departure and during your stay. Voya Travel Assistance also reserves the right to suspend, curtail or limit its services in any area in the event of rebellion, riot, military uprising, war, terrorism, labor disturbance, strikes, nuclear accidents, acts of God or refusal of authorities to permit Voya Travel Assistance to fully provide services.

- C.** If you request a transport related to a condition that has not been deemed medically necessary by a physician designated by Voya Travel Assistance in consultation with a local attending physician or to any condition excluded hereunder, and the Employer or Plan Sponsor agrees to be financially responsible for all expenses related to that transport, Voya Travel Assistance will arrange but not pay for such transport to a medical facility or to your residence and will make such arrangements using the same degree of care and completeness as if Voya Travel Assistance was providing service under this agreement. A waiver of liability will be required prior to arranging these transportation services.
- D.** Voya Travel Assistance shall not be responsible for any claim, damage, loss, cost, liability or expense which arises in whole or in part as a result of Voya Travel Assistance's inability to reach the Employer's or Plan Sponsor's authorized Contact person for any reason beyond Voya Travel Assistance's control, or as a result of the failure and/or refusal of the Employer or Plan Sponsor to authorize services proposed by Voya Travel Assistance.

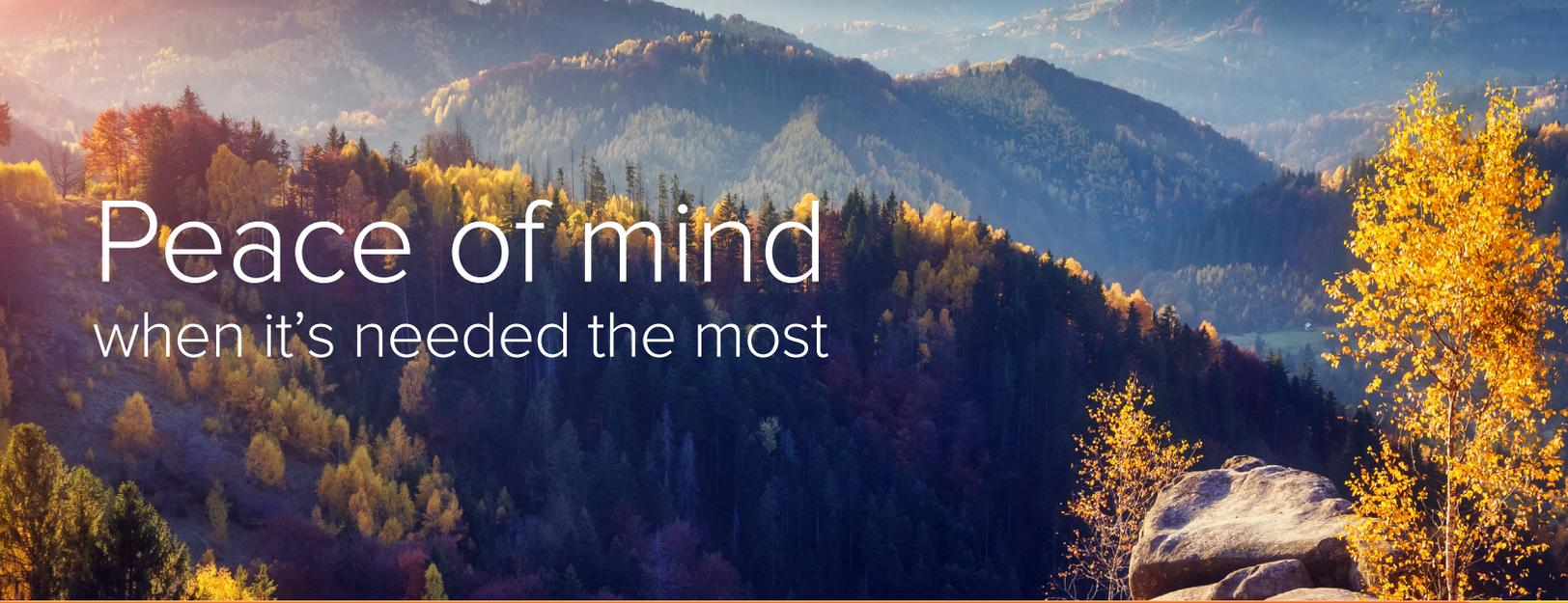
Voya Travel Assistance services are provided by Europ Assistance USA, Bethesda, MD.

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Products and services may not be available in all states.

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Peace of mind  
when it's needed the most

## Funeral Planning Services

Available to employees who are covered for group life insurance through their employer. Funeral planning and concierge services are provided by Everest Funeral Package, LLC.

Everest is pleased to provide a value-added service that empowers individuals who are dealing with funeral related issues.

While you can't predict life's outcome, you can prepare for it.



ReliaStar Life Insurance Company (Minneapolis, MN),  
a member of the Voya® family of companies

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## Who is Everest?

Everest, the first nationwide funeral planning and concierge service, is an independent consumer advocate who works on your behalf. Everest's sole purpose is to provide the information you need to make the most informed decisions about all funeral related issues and then put those wishes into action.

You're never locked into a decision because Everest's funeral advisory services can be used at any funeral home across North America.

Everest is an impartial consumer advocate, not a funeral home. Everest does not sell funeral goods or services, nor does Everest receive any commissions from funeral homes or other service providers in the funeral industry. With Everest, you are removed from a sales-focused environment, allowing you and your family to make well-informed and confident decisions during a stressful time.

Everest offers both pre-planning and at-need services at or near the time of need. Everest's online planning tools help you prepare for the future. At-need services include price negotiation assistance and communicating the family's wishes to the funeral home. Everest Advisors are available by phone 24/7 and can determine eligibility for the expedited life insurance claim process.



# Everest's services include

## Who is eligible?

Everest can be used to plan a funeral for an employee; a spouse or domestic partner; or an employee's dependents up to age 26.\*

## Pre-planning Services

### 24/7 advisor assistance

- To discuss funeral planning issues

### PriceFinder<sup>SM</sup> research reports

- The only nationwide database of funeral home prices
- Detailed, local funeral home price comparisons

### Online planning tools

Include

- Personal profile
- "10 key decisions" planner
- "My Wishes" planning guide
- Reference guide

Information stored and maintained in a secure data warehouse

## At-need Services

### At-need family support

- Family assistance and plan implementation
- Communicate the personal funeral plan to the funeral home, removing the family from a sales-focused environment
- Provide 24-hour assistance throughout the funeral process
- Expedited life insurance claim process. Eligible beneficiaries may have access to a portion of the life insurance funds in as little as two business days following receipt of the claim form.\*\*

### Negotiation assistance

- Gather pricing information and present it to the family in an easy-to-read format
- Negotiate funeral service pricing with local funeral homes
- Help the family compare prices of caskets and other products

\* Spouse or domestic partner coverage varies depending on the terms of your employer's group life insurance policy.

\*\*Availability may vary by state.

## Getting started

**Group name:** CSAC-EIA

**Group number:** 316407

Create an online profile and use Everest's planning tools visit [everestfuneral.com/voya](http://everestfuneral.com/voya)

- Enter your email address and your employer's name
- Create a password and complete your online profile
- Access "Planning Tools"

If you do not have access to a computer, Everest advisors are available 24/7 by calling **1-800-913-8318**.



Contact your employer for more information.

Funeral Planning and Concierge Services are provided by Everest Funeral Package, LLC, Houston, TX.

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Products and services may not be available in all states.

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